

In this month's newsletter, we begin by covering information on super contributions and the age and work test conditions that exist with regard to contribution eligibility. Our animation illustrates budgeting—an important foundation block for building and maintaining wealth, now and in the future. Having an appropriate plan in place to help you, and your loved ones, weather an unexpected financially adverse event can be a vital consideration—we provide a snapshot overview of personal insurances. Approximately 62% of Australian households pay for subscription services that they don't use or have forgotten about—we explore this and more. Chronic diseases are an ongoing cause of substantial ill-health, disability and premature death in Australia—below is a video recently released by the Australian Institute of Health and Welfare (AIHW) on the health of Australians in 2020.

Contribution eligibility: Age & work test conditions

Accumulating wealth in super takes, among other things, contributions. However, there are limits to this. In this article, we cover contribution eligibility conditions—maximum age and the work test.

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Budgeting animation

Budgeting is an important foundation block for building and maintaining wealth. In this animation, we illustrate the power that can come from budgeting and putting in place an appropriate budget plan.

[Launch Video](#)



A snapshot overview of personal insurances

Personal insurances can be a key consideration when it comes to wealth accumulation and related health (and financial) risk management strategies. In this article, we summarise the main insurances.

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The rise of paid subscription services

An estimated collective total of \$3.9 billion per year is spent on avoidable paid subscription services by Australian households. In this article, we explore spending and paid subscription services.

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Australia's health 2020: Chronic diseases

In 2018, 47% of Australians had one or more of the 10 major chronic disease groups. In this video, the Australian Institute of Health and Welfare briefly covers the health of Australians in 2020.

[Launch Video](#)



Disclaimer: the information and any advice provided in this newsletter has been prepared without taking into account your objectives, financial situation or needs. Because of that, you should, before acting on the advice, consider the appropriateness of the advice, having regard to those things.

Story Wealth Management Pty Ltd

📍 Suite 1, 191 Riversdale Road, Hawthorn VIC 3122

☎ 03 8560 3188

✉ PO Box 4079 Auburn South LPO VIC 3122

📠 03 8560 0871

@ planner@storywealth.com.au

🌐 storywealth.com.au

Story Wealth Management Pty Ltd ABN 27 091 207 000 is a Corporate Authorised Representative of SWM (Aust) Pty Ltd ABN 79 631 564 853 AFSL 515107 • 1/191 Riversdale Road, Hawthorn VIC 3122 • PO Box 4079, Auburn South LPO VIC 3122